

Australian Record

Queensland Record
Timing gate record

Australian Record

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World Record

60 Metres

		GCRecord	Date	Location
M35	Craig Duncan	8.96	19-07-15	Griffith Uni
M40	Scott Beatson	8.02	15-11-17	Griffith Uni
M45	Gary Parkinson	7.50	19-10-14	Griffith Uni
M50	Gary Parkinson	7.64	7-03-21	Perth
M55	Chris Brack	7.67	7-03-21	SAF
M60	Robin Reisenleiter	8.60	1-11-15	Griffith Uni
M65	Robin Reisenleiter	8.64	15-03-15	SAF
M70	Denis Griffith	9.14	20-09-20	Runaway Bay
M75	Colin Mancey	10.51	26-03-17	Griffith Uni
M80	Bill Cook	10.04	30-08-15	Griffith Uni

100 Metres

		GCRecord	Date	Location
M30	Alexander Gonzalez	14.59	22-11-15	Griffith Uni
M40	Scott Beatson	13.10	7-01-18	Runaway Bay
M45	Gary Parkinson	11.73	21-02-16	Griffith Uni
M50	Gary Parkinson	12.01	3-09-19	Mackay
M55	Chris Brack	12.46	6-03-21	SAF
M60	Robin Reisenleiter	13.79	28-11-14	Griffith Uni
M65	Robin Reisenleiter	13.99	22-11-15	SAF
M70	John Lester	14.90	13-09-15	Griffith Uni
M75	Colin Mancey	16.96	26-03-17	Griffith Uni
M80	Bill Cook	16.54	31-05-15	Griffith Uni

100 Yards

		GCRecord	Date	Location
M40	Rene Doel	13.69	6-02-16	SAF
M45	Gary Parkinson	11.08	22-03-15	Griffith Uni
M50	Gary Parkinson	11.21	3-03-18	SAF
M65	Robin Reisenleiter	12.97	22-03-15	Griffith Uni
M70	Colin Mancey	16.32	29-05-16	Griffith Uni

150 Metres

		GCRecord	Date	Location
M40	Greg Costello	18.35	1-10-17	Griffith Uni
M40	Scott Beatson	20.01	1-10-17	Griffith Uni
M45	Gary Parkinson	17.95	6-11-16	Griffith Uni
M50	Gary Parkinson	17.82	26-08-18	Griffith Uni
M55	Steven Jones	20.40	4/10/2020	Runaway Bay
M60	David Mitchell	22.20	1-10-17	Griffith Uni
M65	Viddy Jermacans	23.36	3-04-16	Griffith Uni
M70	John Lester	22.87	30-08-15	Griffith Uni
M75	Colin Mancey	26.35	21-05-17	Griffith Uni
M80	Bill Cook	26.72	30-08-15	Griffith Uni

200 Metres

		GCRecord	Date	Location
M35	Marc-Paul Trevethan	27.08	25-10-15	Griffith Uni
M40	Scott Beatson	27.72	30-04-17	Griffith Uni
M45	Gary Parkinson	23.95	3-05-15	Griffith Uni
M50	Gary Parkinson	23.95	22-07-18	Sunshine
M55	Chris Brack	24.35	7-03-21	SAF
M60	Robin Reisenleiter	28.66	1-11-14	Griffith Uni
M65	Robin Reisenleiter	28.76	Nov 15	New Zealand
M70	John Lester	30.82	12-10-14	Griffith Uni
M75	Colin Mancey	37.45	30-04-17	Griffith Uni
M80	Bill Cook	36.24	1-11-14	Griffith Uni

300 Metres

		GCRecord	Date	Location
M30	Murry Goodwin	33.75	24/03/2019	Griffith Uni
M35	Neill Smith	45.87	24-03-19	Griffith Uni
M40	Gary Parkinson	37.17	27-02-16	Griffith Uni
M50	Gary Parkinson	37.93	Feb-20	SAF
M55	Chris Brack	39.21	14-11-20	SAF
M60	Bruce Bodsworth	47.25	28-11-15	SAF
M65	Robin Reisenleiter	48.24	22-03-15	Griffith Uni
M70	John Lester	52.94	21-09-14	Griffith Uni
M75	Colin Mancey	58.37	18-12-16	Griffith Uni

400 metres

		GCRecord	Date	Location
M30	Murry Goodwin	46.24		
M40	Tadashi Nawagawa	62.33	11-10-15	Griffith Uni
M45	Gary Parkinson	52.66	21-02-16	Griffith Uni
M50	Gary Parkinson	53.72	14-09-18	Malaga Spain
M55	Chris Brack	55.14	19-12-20	SAF
M60	Robin Reisenleiter	69.09	30-11-14	Griffith Uni
M65	Robin Reisenleiter	69.91	14-03-15	SAF
M70	Colin Mancey	1.26.60	22-11-15	Griffith Uni
M75	Colin Mancey	1.18.43	11-06-17	Darwin
M80				

600 Metres

		GCRecord	Date	Location
M35	Marc-Paul Trevethan	1.44.10	25-10-15	Griffith Uni
M40	Dean Nipperess	2.36.85	25-10-15	Griffith Uni
M45	Gary Parkinson	1.33.61	20-11-16	Griffith Uni
M50	Gary Parkinson	1.32.44	27-10-19	Griffith Uni
M65	Bruce Bodsworth	1.56.48	13-08-17	Griffith Uni
M70	Colin Mancey	2.22.84	6-12-15	Griffith Uni
M75	Alf Lakin	2.55.55	15-09-15	Griffith Uni

800 Metres

		GCRecord	Date	Location
M30	Marc-Paul Trevethan	2.33.61	27-09-15	Griffith Uni
M40	Tadashi Nawagawa	2.20.98	18-01-14	SAF
M45	Tadashi Nawagawa	2.24.92	8-07-18	Griffith Uni
M50	Gary Parkinson	2.28.95	6-10-19	Griffith Uni
M60	Bruce Bodsworth	2.51.11	20-03-16	Griffith Uni
M65	Viddy Jermacans	3.34.11	27-09-15	Griffith Uni
M70	Colin Mancey	3.24.20	25-09-16	Griffith Uni
M75	Colin Mancey	3.08.41	10-06-17	Darwin
M80	Paul Adams	4.02.30	26-04-18	Perth

1500 Metres

		GCRecord	Date	Location
M35	Neill Smith	4.59.00	24-02-19	Griffith Uni
M40	Tadashi Nawagawa	5.04.47	21-04-18	SAF
M45	Andrew Kariko	5.20.31	13-01-19	Griffith Uni
M50	Steven Jones	05:39.1	4-06-17	Griffith Uni
M60	Bruce Bodsworth	6.43.34	28-10-15	SAF
M65	Bruce Bodsworth	6.56.04	27-08-17	Griffith Uni
M70	Colin Mancey	7.13.03	5-03-16	Griffith Uni
M75	Colin Mancey	6.34.28	11-06-17	Darwin
M80	Charles Crowley	12.57.63	17-01-16	Griffith Uni

3000 Metres

		GCRecord	Date	Location
M35	Neill Smith	10.45.52	15-09-19	Griffith Uni
M40	Tadashi Nawagawa	11.44.53	12-10-13	Griffith Uni
M45				
M55				
M70	Colin Mancey	19.48.60	20-02-16	SAF
M75	Colin Mancey	15.45.67	24-06-18	Griffith Uni

5000 Metres

M35	Alexander Gonzalez	18.34.86	11-Oct-15	Griffith Uni
M40	Markus Bergh	18.13.17	11-Oct-15	Griffith Uni
M70	Colin Mancey	28.42.58	30-Aug-15	Griffith Uni

10000 Metres

M45				
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2000 Metres Steeplechase

3000 Metres Steeplechase

80 Metre Hurdles

M70	Mills Laferty	18.85	26/01/2019	SAF
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100 Metre Hurdles

M50	Michael Kirkby	22.14	14-03-15	SAF
M60	Bruce Bodsworth	22.52	1-11-14	Griffith Uni

300 Metre Hurdles

M60	Bruce Bodsworth	54.40	19-10-14	Griffith Uni
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400 Metre Hurdles

1500 Metre Track Walk

		GCRecord	Date	Location
M40	Dean Nipperess	7.11.69	10-01-16	Griffith Uni
M45				
M60				
M75	Patrick Sella	10.24.62	16-04-16	Adelaide

3000 Metre Track Walk

		GCRecord	Date	Location
M40	Dean Nipperess	14.36.01	6-02-16	SAF
M45				
M50	Paul Lindenberg	16.51.46	6-02-15	Griffith Uni
M55				
M60				
M70	Fred Turner	23.28.23	10-01-15	SAF
M75	Patrick Sella	21.06.58	11-10-14	SAF
M85	Richard Lynch	25.10.01	21-09-14	Griffith Uni

5000 Metre Track Walk

		GCRecord	Date	Location
M40	Dean Nipperess	26.29.50	22-02-16	SAF
M45				
M50	Paul Lindenberg	30.23.13	1-11-14	Griffith Uni
M55				
M60				
M75	Patrick Sella	34.52.47	24-01-16	Griffith Uni
M80	Bert Janes	40.00.08	17-05-15	Griffith Uni
M85	Richard Lynch	42.03.61	14-03-15	SAF

10000 Metre Track Walk

M45	Dean Nipperess	58.22.66	4-11-15	SAF
M50	Paul Lindenberg	64.51.02	28-11-14	Griffith Uni

Long Jump

M30	Anthony Eggersdorff	2.51	29/01/2017	Griffith Uni
M35	Greg Costello	5.53	27-08-17	Griffith Uni
M40	Scott Beatson	4.82	7-01-18	Runaway Bay
M45	Gary Parkinson	5.53	25-10-15	Griffith Uni
M50	Gary Parkinson	5.63	16-12-18	Griffith Uni
M55	Glenn Dunne	4.13	9-06-17	Darwin
M60	Bruce Bodsworth	4.16	20-06-15	SAF
M65	Viddy Jermacans	4.13	16-04-16	Adelaide
M70	Denis Griffith	3.73	7-02-21	Runaway Bay
M75	Alf Lakin	2.76	12-03-16	SAF
M80	Charles Crowley	3.10	11-09-16	Griffith Uni

Triple Jump

M35	Craig Duncan	10.36	25/10/2016	Griffith Uni
M45				
M50	Mike Kirkby	6.04	11-10-15	Griffith Uni
M55	Glenn Dunne	4.87	11/06/2017	Darwin
M65	Mills Lafferty	8.57	6/05/2017	Mackay
M70	Denis Griffith	7.16	7-03-21	SAF
M75	Alf Lakin	6.08	12-03-16	SAF
M80	Charles Crowley	6.30	15-03-15	SAF

High Jump

M35	Greg Costello	1.77	10-11-16	Griffith Uni
M40				
M45	Andrew Barkworth	1.35	30/04/2017	Griffith Uni
M50	Ben Dickson	1.70	19-07-15	Griffith Uni
M55	Brian Key	1.55	4-06-17	Griffith Uni
M60	Bruce Bodsworth	1.30	24-01-15	SAF
M65	Viddy Jermacans	1.92	9-01-16	Bendigo
M70	Grant Chapman	1.02	6-03-21	SAF
M80	Charles Crowley	1.00	15-03-15	SAF

Pole Vault

M35	Greg Costello	2.80	1/04/2017	Auckland
M40				
M45				
M50	Mike Kirkby	1.00	20-06-15	SAF
M55	Glenn Dunne	2.10	10-06-17	Darwin
M60	Bruce Bodsworth	2.20	20-06-15	SAF
M65	Bruce Bodsworth	1.90	24-Sep	SAF
M70	Grant Chapman	1.30	6/03/2017	SAF

Javelin Throw

M30	Anthony Eggersdorff	42.06	12/11/2016	Runaway Bay
M35	Rene Doel	20.56	3-6 Apr 15	Bankstown
M40	Rene Doel	51.00	27-04-19	Melbourne
M45	Chris Dunne	37.27	12-11-16	Runaway Bay
M50	Andrew Hassell	44.87	7-10-18	Griffith Uni
M55	Mike Kirkby	36.58	2-04-17	Griffith Uni
M60	Bruce Bodsworth	33.61	1-11-14	Griffith Uni
M65	Bruce Bodsworth	34.11	12-03-17	Griffith Uni
M70	Mills Lafferty	26.16	16-03-19	Hobart
M80	Bill McMullen	15.10	21-01-17	QSAC

Discus Throw

M30	Anthony Eggersdorff	19.93	29/01/2017	Griffith Uni
M35	Greg Costello	36.82	12-02-17	Griffith Uni
M40	Gerard McLean	38.23	21-07-19	Griffith Uni
M45	Euan Duffy	41.3	25-09-16	Griffith Uni
M50	Grant Edwards	40.95	29-01-15	Canberra
M55	Mike Kirkby	35.64	1-04-17	Griffith Uni
M60	Franz Schlechter	31.15	4-06-16	Townsville
M65	Kevin Ryall	33.69	23-10-16	Griffith Uni
M70	Kevin Ryall	34.86	4-08-19	Griffith Uni